



Grant K. Johnson
D.V.M.

Otho Galen Johnson
D.V.M.

6928 State Route 245 North Lewisburg, OH 43060
Tel. (937) 747-3282 Fax (937) 747-3280 johnsonvetclinic@embarqmail.com

Joint Injection Aftercare

- The joints were sore to begin with, that is why we treated them
- The pressure created by filling a joint with medication can be very painful and even irritating to the joint and its lining
- After joints are injected, your horse should be stall rested for at least 3 days
- Following 3 days of stall rest, return to light work on days 4 and 5, then normal activity on day 6
- Give phenylbutazone at 2 grams once a day for 4 days, then one gram once a day for 4 days
- Any injection has the potential to result in an infection – an infection in a joint is often more dangerous as there is only a limited blood supply to a joint (making it hard for the horse to control/fix the infection)
- Infection following a joint injection will usually not present until roughly 2 weeks post-treatment
- Severe heat, swelling, or lameness prior to that, especially within the first few days, is more likely a flare, or severe irritation from the injection. This is what the stall rest and phenylbutazone are designed to prevent